

At Dizz Kidz we aim to create a laid back sports environment for children with Dyspraxia or DCD to enjoy and build confidence and of course, have fun! We have many different skills to offer. We have access to Perdisewell Leisure Centre which we then split into three parts. One section takes part in trampolining with a trained instructor. You will work towards badges and learn how to control yourself on one. Another section is for multi skills. This could be hockey, cricket or anything. If you would like to attend, come along to a taster session or get further information please contact Helen Lippett email [dizzkidzteenz@gmail.com](mailto:dizzkidzteenz@gmail.com)

There is also further details on the [www.dizzkidz.co.uk](http://www.dizzkidz.co.uk) or search for the Dizz Kidz Facebook page.



# DIZZ KIDZ

## COME JOIN US!

We are an activity club for 5-19 year olds with  
co-ordination difficulties / dyspraxia(DCD)



**When: Thursday evenings 5:45-6:45pm**

**Where: Perdiswell Leisure Centre**

**CONTACT US!**

**@ Dizzkizteenz@gmail.com**

**#07974 846 961**

